CHERRY CREEK SCHOOLS 2017

SUMMER SPORTS CAMPS

Cherrycreekschools.org/AthleticsActivities/SummerCamps

720-554-4343 (office phone) or
CCSDsummercamps@cherrycreekschools.org (office e mail)
IMPORTANT INFORMATION

1. **Summer Sports Camp Office- REGISTRATION INFORMATION:**

   ***REGISTRATION IS DONE BY MAIL ONLY***

   **Mail to:** Summer Sports Camp Office
   9150 E. Union Avenue
   Greenwood Village, CO 80111

   **NO OTHER FORMS OF RECEIVING REGISTRATION FORMS WILL BE ACCEPTED OR PROCESSED.** **NO:** Drop off. On-line registration, faxing or emailing forms. **AT THIS TIME, YOU CANNOT REGISTER ON LINE; YOU CANNOT PAY ON LINE.**

   ****The street address for the Office is for mail delivery only. The Office is not staffed daily, nor is it easily accessible. **Any forms left at the street address or any other CCSD buildings will be returned to sender, thus delaying the registration process.**

2. **THE SUMMER SPORTS CAMP OFFICE SHOULD BE IN RECEIPT OF A CAMP'S REGISTRATION FORM AT LEAST ONE WEEK BEFORE CAMP BEGINS-REGISTER EARLY.** This will aid in providing a coach with a roster of students participating in the camp and resolve any issues with the camp or the registration prior to start date.

3. **CHERRY CREEK HIGH SCHOOL CAMPS**—To obtain information about and registration for CCHS camps, please VISIT THIS WEBSITE: [cherry creek.ecsdathletics.org](http://cherry creek.ecsdathletics.org). (Questions: CCHS Athletic Office: 720-554-2461),

   REGISTRATION FOR SOAR/ADVENTURE AND ROCK CLIMBING IS STILL DONE WITH THE DISTRICT (THIS BROCHURE)-please see page 3.

4. **IF A CAMP REACHES ITS LIMIT OF PARTICIPANTS (CAMP IS ‘FULL’)**—THAT INFORMATION WILL BE NOTED ON THE SUMMER SPORTS’ WEBSITE. If camp becomes full after your registration is mailed, you will be contacted.

5. **IF A CAMP IS CANCELLED,** IT WILL BE NOTED ON SUMMER SPORTS’ WEBSITE.

6. **IF A REGISTRATION FORM IS RECEIVED FOR A CAMP WHICH HAS BEEN CANCELLED,** you will be notified.

7. **IF YOU HAVE A SPECIFIC QUESTION ABOUT A CAMP** (i.e., my child is younger than the age listed-can he/she still participate, need more information about camp activities, what should they bring, is this camp appropriate for my child, etc.), contact the coach. Generally, the coach(s)’ name and phone number is listed. If you cannot find it, you can call the Office, or look at school’s homepage for contact information.

8. **IF YOU HAVE GENERAL QUESTIONS ABOUT A CAMP** (i.e., where is west building, best way to get to school, etc.), call or e-mail the office.

9. **IF YOU DO NOT SEE A SPORT LISTED OR A SPORT IS NOT LISTED AT YOUR SCHOOL OF CHOICE,** you should contact the Athletic Office at that school and ask to speak with the coach of that particular sport.

10. **NO CONFIRMATIONS OF ENROLLMENT ARE SENT.** If you would like a receipt confirming enrollment or a receipt for any other reason, please enclose a self-addressed stamped envelope with registration form.

11. **IF YOU NEED TO CANCEL A STUDENT FROM CAMP:** you must do so no later than one week after first day of camp. To cancel, call 720-554-4343 (please do not send e-mail). You will be refunded your money, minus $25.00 fee per class. No refunds given if not notified in specified time period.

12. **IF PAYING BY CREDIT CARD, A FEE OF 3.6% WILL AUTOMATICALLY BE ADDED TO TOTAL AND REFLECTED ON YOUR CREDIT CARD STATEMENT.**

ADDRESS REFERENCES AND FIELD LOCATIONS

- Cherokee Trail High School (CTHS)- 2501 Arapahoe Road, Aurora 80016, 720-886-1900
- Cherry Creek High School (CCHS)- 9300 E. Union Avenue Greenwood Village, Co 80111, 720-554-2285
- Eaglecrest High School (EHS)- 5100 S. Picadilly Street Centennial, CO 80115, 720-886-1000
- Grandview High School (GHS)- 20500 E. Arapahoe Road Aurora 80016, 720-886-6500
- Overland High School (OHS)- 12400 E. Jewell Avenue, Aurora, CO 80012, 720-747-3700
- Smoky Hill High School (SHHS)- 16100 E. Smoky Hill Road Aurora, CO 80015, 720-886-5300
- Campus Middle School (CMS)- 4785 S. Dayton Street Greenwood Village, CO 80111, 720-554-2677
- Fox Ridge Middle School (FRMS)- 26301 E. Arapahoe Parkway Aurora, CO 80016, 720-886-4400
- Liberty Middle School (LIBMS)- 21500 E. Dry Creek Road Aurora, CO 80016, 720-886-2400
- Sky Vista Middle School (SVMS)- 4500 S. Himalaya Street, Aurora, CO 80015, 720-886-4700
- West Middle School (WMS)- 5151 S. Holly Street Greenwood Village, CO 80121, 720-554-5181

**Legacy-stadium located at Cherokee Trail High School**
**Stutler Bowl-stadium located at Cherry Creek High School**
CHERRY CREEK SCHOOL DISTRICT SPORTS CAMPS

Dear Students and Parents:
Cherry Creek again offers a unique and exciting Activities and Sports Camps Program. Camp coaches and staff are employees of the Cherry Creek School District. Each has contributed to the continued success of the Activities and Sports Camps Program.
Participation in these camps is not limited only to CCSD students; Camps are open to all residents in the Metropolitan area. (Most camps will be offered from June 2017 until August 2017. We look forward to your participation.
Janet Mansour
Coordinator CCSD Summer Sports    District Director Activities & Athletics

QUESTIONS OR INQUIRIES:
720-554-4343;
ccsdsummercamps@cherrycreekschools.org

THERE IS ONE WAY TO REGISTER: MAIL THE REGISTRATION FORM **
AT THIS TIME, YOU CANNOT REGISTER ON LINE; YOU CANNOT PAY ON LINE.
NO: Drop off, On-line registration, faxing or emailing forms.
**The street address for the Office is for mail delivery only. The Office is not staffed daily, nor is it accessible. Any forms left at the street address or any other CCSD buildings will be returned to sender, thus delaying the registration process.**

REGISTRATION BEGINS IMMEDIATELY.
The Summer Sports Camp Office should be in receipt of a registration form at least one week before the first day of requested camp.
This will allow sufficient time to resolve any issues with registration (i.e., camp becomes full after mailing form, insufficient payment, credit card or check issues, etc.)
You are encouraged to register as soon as possible. Class size is limited for many camps, although not always stated.

To Register:
1. Complete one registration form for each student.
2. Enclose fees (personal check/money order/cashier’s check/certified check). Make checks payable to “CHERRY CREEK SCHOOLS,” (RETURNED CHECKS CHARGED $30.00.)
   If paying by credit card, complete information at bottom of registration form. (IF PAYING BY CREDIT CARD, A FEE OF 3.6% WILL AUTOMATICALLY BE ADDED TO TOTAL AND REFLECTED ON YOUR CREDIT CARD STATEMENT.
3. Mail to address on form. NO CONFIRMATIONS ARE SENT.

IF YOU WANT A RECEIPT to confirm enrollment or for any other reason, please enclose a self-addressed, stamped envelope with your registration form. NO CONFIRMATIONS OF ENROLLMENT ARE SENT, UNLESS REQUESTED (enclose a self-addressed, stamped envelope).

LOCATION OF CAMPS—Although camp may be under the heading of one school, camp may be held at another school or at a stadium because the coach is at that particular school. PLEASE TAKE NOTE OF ‘LOCATION’.

FULL CAMPS—If a camp becomes full, it will be noted on the website. However, if a camp becomes full after you have mailed registration form, you will be contacted to discuss alternative sessions/camps.

CANCELED CAMPS—If a camp is cancelled, it will be noted on the website. If registration form has been processed, you will be notified and a full refund will be issued.

PAYMENT—Full payment for camps is due with registration forms, either by check or credit card. Student pays full price, even if he/she cannot attend all days of camp. No discounts are available.

REFUND/CANCELLATION POLICY—If the Summer Sports Office cancels a camp, you will receive a full refund. If you must withdraw for any reason, a request must be made within a week after the camp begins. No refunds given if not notified in specified time period. You will be refunded your money, MINUS $25.00 per camp. Refunds take approximately 4 weeks. TO CANCEL CALL 720-554-4343 (do not e mail request).

TRANSPORTATION INFORMATION—There will be NO bus transportation provided by the Cherry Creek School District for Summer Sports Camps.

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REGISTRATION FORM ***
LAST PAGE AND SEPARATE LINK ON WEBSITE

IF YOU ARE REGISTERING FOR A CAMP WITH ENROLLMENT LIMITS (I.E., SOAR, TENNIS, ETC), YOU MAY INCLUDE AN ALTERNATE SESSION ON REGISTRATION FORM, BUT YOU MUST INCLUDE A SELF-ADDRESSED STAMPED ENVELOPE so you can be aware of which session student is assigned.

PLEASE READ PRIOR PAGE – “IMPORTANT INFORMATION” BEFORE REGISTERING
CAMPS AT CHERRY CREEK HIGH SCHOOL

Other camps will be held at CCHS (EXCEPT FOR SOAR, ADVENTURE AND ROCK CLIMBING). To get information about and register for those camps, you should go to CCHS’ Athletic Office, not through the District (this brochure).

FOR CCHS CAMP INFORMATION PLEASE VISIT THIS WEBSITE:

cherrycreek.ccsdathletics.org


SOAR/ADVENTURE/ROCK CLIMBING CAMPS AT CHERRY CREEK HIGH SCHOOL

1007-SOAR SUMMER CHALLENGE COURSE CAMP FOR INCOMING 6-8TH GRADERS (FALL 2017)
Open to: Boys & Girls, Grades 6-8 (Fall 2017) **
Instructors: Challenge Course Adult Staff and selected High School Adventure Leaders Phone: 720-554-2548 (Adventure Office)
Session 1: June 5-9 Time: 9:00 a.m. - Noon
Session 2: June 5-9 Time: 1:00 p.m. - 4:00 p.m.
Session 3: June 19-23 Time: 9:00 a.m. – Noon
Session 4: June 19-23 Time: 1:00 p.m. - 4:00 p.m.
Location: CCHS/CMS Challenge Course (located just west of CCHS Baseball Field). CAMP MEETS DAILY AT CCHS CHALLENGE COURSE
Cost: $180.00 Limit: 25 students/session
** Repeat campers are welcome; however, program does not change for these students.

All program and required waiver information will be mailed to the address on your registration form prior to the first day of camp. IN ORDER TO HAVE PAPERWORK IN ORDER, REGISTRATION FORM MUST BE RECEIVED THE SUMMER SPORTS CAMP OFFICE AT LEAST ONE WEEK BEFORE FIRST DAY OF CAMP.

Enjoy a week of challenge course experiences and learn how you can develop your skills to:

- Participate in ground games and activities.
- Develop your own confidence by accepting the challenge of a high element.
- Learn how to belay a fellow student to develop your responsibility for others.
- Develop a true sense of teamwork by conquering a 12 ft. wall with your teammates.
- Contribute to the success of others by encouraging your teammates and being on their belay team.
- Understand the true feeling of courage by taking a leap of faith off the power pole.
- Celebrate and acknowledge the accomplishments for the week.

The SOAR Program at Cherry Creek High School is a program of high school adventure leaders trained to facilitate challenge course activities. We invite students throughout the Cherry Creek School District to experience the challenge course. COME SOAR WITH US!!!!!!!

1008- SOAR SUMMER ADVENTURE CAMP FOR INCOMING 9TH GRADERS (FALL 2017) (June 19-23)
Open to: Boys & Girls, Incoming 9th Graders (Fall 2017)
Dates: June 19-23 Time: 9:00 a.m.-Noon Cost: $200.00
Limit of 25 students
Location: CCHS Indoor Climbing Wall (North Gym) and Outdoor Climbing Wall (CCHS Challenge Course) and Challenge Course (located between the CCHS Baseball field and CMS).
FIRST DAY: MEET AT CCHS CHALLENGE COURSE
Instructors: Adult Challenge Course Staff and selected high school Adventure leaders. Phone: 720-554-2548 (Adventure Office)
All program and required waiver information will be mailed to the address on your registration form prior to the first day of camp. IN ORDER TO HAVE PAPERWORK IN ORDER, REGISTRATION FORM MUST BE RECEIVED THE SUMMER SPORTS CAMP OFFICE AT LEAST ONE WEEK BEFORE FIRST DAY OF CAMP.

This camp highlights the three foundation Adventure classes offered at CCHS during the school year; namely, Adventure Challenge Course, Adventure Outdoor Education and Adventure Water Sports. This camp is reserved for incoming 9th graders to any Cherry Creek School District high school.

All programs will take place on the CCHS campus and will include team building games and activities; rock climbing with associated skills and, one day of Adventure water sports in the CCHS pool.

Students will:

- Learn basic rock climbing skills and techniques.
- Learn how to belay with a back-up belayer.
- Participate in Challenge Course Team building games and activities.
- Contribute to the Team Challenge Wall experience.
- Experience the High Elements of the Challenge Course.
- Be introduced to the basic concepts of rappelling.
- Be introduced to basic white water kayaking and stand up paddle boarding in the CCHS pool.

All equipment provided. Students with their own climbing harness and shoes and stand up paddle board are encouraged to use them. All equipment must be approved by the instructor for use on climbing walls only.

No personal belay devices or carabiners (hardware) will be permitted. Please leave your hardware at home.

The SOAR Program at CCHS is a program of high school Adventure leaders trained to facilitate Adventure related activities. We invite students throughout CCSD to participate in the SOAR Summer Camp program!

1009- SOAR ROCK CLIMBING CAMP (June 12-16)
Open to: Boys & Girls, Grades 6-8 (Fall 2017)
Dates: June 12-16 Time: 9:30 a.m. 12:30 p.m. Cost: $180.00
Limit of 25.
Location: CCHS Indoor Climbing Wall (North Gym) and Outdoor Climbing Wall (CCHS Challenge Course) and Challenge Course (located between the CCHS Baseball field and CMS).
FIRST DAY: MEET AT CCHS NORTH GYM CLIMBING ROOM
Instructors: Adult Challenge Course Staff and selected high school Adventure leaders. Phone: 720-554-2548 (Adventure Office)
All program and required waiver information will be mailed to the address on your registration form prior to the first day of camp. IN ORDER TO HAVE PAPERWORK IN ORDER, REGISTRATION FORM MUST BE RECEIVED THE SUMMER SPORTS CAMP OFFICE AT LEAST ONE WEEK BEFORE FIRST DAY OF CAMP.

This camp focuses on the basics of efficient rock climbing skill and movement. SOAR Climbing camp includes safety skills and abilities as related to climbing on artificial climbing walls at CCHS (indoor and outdoor).

Students will:

- Work on traversing the base of the climbing wall (bouldering techniques).
- Learn safety protocols for top rope, indoor rock climbing.
- Learn how to belay with a back-up belayer.
- Learn basic rock climbing skills and techniques.
• Work on the development of balance, strength and core stability.
• Learn how to coach and encourage fellow climbers.
• Recognize basic climber etiquette.

All equipment provided. Students with their own climbing harness and shoes are encouraged to use them (all equipment must be approved by instructor). Personal Harnesses will be permitted upon approval of instructor for use on climbing walls only.

No personal belay devises or carabineers (hardware) will be permitted. Please leave all of your hardware at home.

The SOAR program at CCHS is a program of high school Adventure leaders trained to facilitate rock climbing and challenge course activities. We invite students throughout CCSD to participate in the SOAR Summer Camp program.

1010-1017

SPORTS CAMPS AT
SKY VISTA MIDDLE SCHOOL

1018-STEAM CHILDREN’S THEATRE PROJECT AT SKY VISTA MIDDLE SCHOOL

A student can sign up for both sessions. TO EXPERIENCE THE FULL STEAM THEATRE PROJECT: REGISTER FOR BOTH SESSIONS. If registering for both, sign up for session 1 and receive a discount rate of $440.00 – a savings of $40.00. Students sign up for both, please bring a lunch. If signing up for one session only, bring snack.

Session 1: Open to: Boys and Girls, Grades 5-12 (School Year 2017-2018)
Dates: July 10-21 (M-F)*
Times: 8:00 a.m.-4:30 p.m.
*(Evening Performance at 6:00 p.m. on July 21)
Cost: $240.00
Location: Sky Vista Cafeteria/Stage
Instructors: Sky Vista Theater Arts Teachers (720-886-4906)
(smstem@cherrycreekschools.org)

Participants should bring a snack
Students will spend the first few days preparing auditions for a musical production chosen specifically to best fit the needs of the participants. After casting, students will discover scientific solutions to theatrical problems in order to produce a musical performance. Activities will be geared towards specific age groups, including mentorship opportunities for high school students.

DEADLINE TO REGISTER: July 3.
Minimum # of participants to have session 1 is 15**. If we do not reach that number by registration deadline date of July 3, you will be notified that session is cancelled and you will receive a full refund. MAIL YOUR REGISTRATION EARLY.

Session 2: Open to: Boys and Girls, Grades 5-12 (School Year 2017-2018)
Dates: July 10-21 (M-F)*
Times: 8:00 a.m.-Noon
*(Evening Performance at 6:00 p.m. on July 21)
Cost: $240.00
Location: Sky Vista Cafeteria/Stage
Instructors: Sky Vista Theater Arts Teachers (720-886-4906)
(smstem@cherrycreekschools.org)

Participants should bring a snack.
Session 2 will focus on a unique combination of science and theatre; students will create an original production based on the chosen musical from session 1. Through indoor and outdoor science experiments, play writing basics and lessons in design, participants will write, design and star in their own production. The final product will be the prologue or epilogue to the musical performance of session 1. Activities will be geared towards specific age groups, including mentorship opportunities for high school students.

DEADLINE TO REGISTER: July 3.
Minimum # of participants to have session 1 is 15. If we do not reach that number by registration deadline date of July 3, you will be notified that session is cancelled and you will receive a full refund. MAIL YOUR REGISTRATION EARLY.

Session 3: Open to: Boys and Girls, Grades 5-12 (School Year 2017-2018)
Dates: July 10-21 (M-F)*
Times: 8:00 a.m.-Noon AND
12:30 p.m.-4:30 p.m.

Discount rate of $440.00. BRING A LUNCH.

DEADLINE TO REGISTER: July 3.
Minimum # of participants to have session 1 is 15. If we do not reach that number by registration deadline date of July 3, you will be notified that session is cancelled and you will receive a full refund. MAIL YOUR REGISTRATION EARLY.

SPORTS CAMPS AT
LIBERTY MIDDLE SCHOOL

1019 – TRACK AND FIELD CAMP
Open to: Boys and Girls, Grades 6-8 (Fall 2017) Cost: $75.00
Dates: July 24-27 (M-Th); AND
July 31-August 4th (M-F) *Intra-squad Meet
Times: 9:00 a.m.-11:00 a.m.
Location: Liberty MS Track

This camp is for incoming and present middle school athletes (Fall 2017) who are interested in getting a head start on the track and field season. Topics covered include general flexibility and strength, specific event techniques, proper nutrition, as well as improving overall fitness and developing leadership skills. The camp will be designed through the experience and philosophies of the Liberty Middle School Track and Field staff. All middle school students in the district are welcome. We will have 8 days of practice, with an intra-squad meet on the last Friday. Athletes need to bring proper footwear, athletic clothes, and a water bottle.

1020- THEATRE AUDITION BOOT CAMP (June 5-9)
Open to: Boys and Girls, Grades 7-11 (Fall 2017)
Instructor: Cassie Murray Phone: 720-886-2455
(Cmurray13@cherrycreekschools.org)
Dates: June 5-9 Location: LBMS Cafetorium
Time: 9:00 a.m.-3:00 p.m.
Cost: $200

Prepare for upcoming auditions for school, community and professional productions with the Liberty Theatre Audition Boot Camp. Campers will study monologues and songs, practice dance combinations, take professional head shots and create a resume. At the end of the week, they will participate in a mock audition in front of friends and family! Campers should bring snacks, a lunch and a water bottle to camp each day.

(Performance: June 9 at 12:30 p.m. at Liberty Middle School.)

SPORTS CAMPS FOR CHERRY CREEK ACADEMY
(Hosted at Overland High School)

1021- “CCAST” Cherry Creek Academy of Summer Theatre (Hosted at Overland High School) (May 30-June 9)
Open to: Boys and Girls, Grades 9-12 (Fall 2017)
Instructor: Eric Eidson Phone: 720-747-3657 (w); 303-261-5305 (c);
eidson5@cherrycreekschools.org
Dates/Times: May 30-June 9
8:00 a.m.-2:30 p.m.
2:30 p.m.-4:30 p.m. - REHEARSAL
June 8 7:00 p.m. - PERFORMANCE
June 9 Noon - SHOWCASE
Location: OHS Auditorium
Cost: $250.00 (+ $50.00 performance fee)=$300.00
DEADLINE TO REGISTER: May 23

This camp is designed for high school and incoming high school students with a love of theatre. Students will have the chance of learning specialized theatre skills that may not be available during the academic year. Classes will cover areas like improvisation, scene study, musical theatre, audition techniques, playwriting, directing, technical design, and more! Students will leave each class with something to show. In addition to classes, students will also have the opportunity of working on a show that will be fully mounted in two weeks! This camp offers students in the district a more affordable option than other camps in the area of this caliber. Please contact Eric Eidson about scholarship opportunities.

(Performance: June 8 at 7:00 p.m. Showcase: June 9 at Noon)
MOUNTAIN BIKING AT VILLAGE GREENS PARK

If you have any questions about which level of riding is appropriate for you, please call Ray Vigil at 303-902-0362.

A safety maintenance check from a bike shop is highly recommended in order to maximize riding time. Arrangements have been made with Treads Bicycle Outfitters (303-750-1671) at Iliff and Buckley, for a free safety check. If you show proof of participation in this camp (enclose a self-addressed, stamped envelope). Treads Bicycle Outfitters will give, in addition to the safety check, a complimentary patch kit and water bottle. Any additional labor may cost extra.

**** AN ADULT (18 OR OVER) MUST ACCOMPANY THE STUDENT RIDER ON THE FIRST DAY OF CAMP TO SIGN A WAIVER. IF ADULT IS NOT HERE TO SIGN THE WAIVER, THE BIKER WILL NOT BE ALLOWED TO RIDE. Any subsequent days-an adult does not need to accompany rider.****

EQUIPMENT NEEDED FOR BOTH CAMPS: Mountain bike, helmet and full water bottle.

Keep in mind that all times and dates are subject to change-you will be notified of any changes. Camps are open to both males and females; you meet the requirements for camp (age/grade/level of expertise). Keep in mind that all times and dates are subject to change-you will be notified of any changes. Camps are open to both males and females; you need to be enrolled in CCSD. Adults can also participate with a student rider, if they pay for the camp and they will not be required to sign a waiver.

1023-BEGINNING AND INTERMEDIATE MOUNTAIN BIKING (June 5-9)

Open to: Boys and Girls, Grades 3-6 (Fall of 2017) Minimum of 9 bikers; maximum of 13

(REGISTRATION MUST BE RECEIVED IN OFFICE BY 5/30)

If we do not reach the minimum of 9 by registration deadline date of 5/30, you will be notified that session is cancelled and you will receive a full refund.

Instructor: Ray Vigil (303-902-0362) Cost: $150.00

Dates: June 5-9

Times: 8:30 a.m.-11:30 a.m.

Location: Village Greens Park/Disc Golf Course Parking Lot (across the street from CCHS)

Mountain Biking is one of the fastest growing outdoor activities in the country. Mountain Biking can help you be physically fit in an outdoor setting, while having fun at the same time. This class is intended to give people the chance to experience the great network of trails around Cherry Creek Reservoir. This class will teach bicycle safety and etiquette, as well as basic techniques of riding, trailside repairs, and basic bike maintenance. The best way to become a better cyclist is to get out and ride with others in a safe and supportive environment.

1024-ADVANCED MOUNTAIN BIKING (June 5-9)

Open to: Boys and Girls, Grades 5-8 (Fall of 2017) Minimum of 9 bikers; maximum of 13

(REGISTRATION MUST BE RECEIVED IN OFFICE BY 5/30) If we do not reach the minimum of 9 bikers by registration deadline date of 5/30, you will be notified that session is cancelled and given a full refund.

Instructor: Ray Vigil (303-902-0362) Cost: $150.00

Dates: June 5-9

Times: Noon-3:00 p.m.

Location: Village Greens Park/Disc Golf Course Parking Lot (across the street from CCHS)

As mountain bikers become better cyclists, it becomes clear that fitness is the key to increased fun. Although the focus of this class is fitness and the components related to it, dirt fitness and technical riding will be worked on each day. A portion of this class will also cover trailside repair, trail etiquette, and safety. A moderate level of fitness is required for this class.

SPORTS CAMPS AT GRANDVIEW HIGH SCHOOL

1025-CROSS COUNTRY PRACTICE CAMP (June 5-August 11)

Open to: 2017-2018 High School Students

Instructors: Allyson Robbins, Cross Country Coach Phone: 720-886-6593

Dates: June 5-August 11 (M-Th only) Time: 7:30 a.m.-9:00 a.m.

Location: GHS Grassy Area Outside pool on south side of School

Cost: $70.00

Cross Country practice camp will provide runners of all abilities the chance to acquire a ‘base’ before the season starts. Athletes of other sports may participate and train with us. Students wishing to improve their fitness level are encouraged to attend.

1026-1031

1032-GRANDVIEW GIRLS’ LACROSSE CAMP (August 7-9)

Open to: Girls Lacrosse Players, Grades 4-12 (Fall of 2017)

Instructors: Grandview Girls’ Lacrosse V and JV Coaches and past/current players.

Phone: 720-201-1638 Cost: $85.00 Location: Legacy

Dates: August 7 and 8 8:00 a.m.-Noon

August 9 9:00 a.m.-1:00 p.m.

This camp is designed to teach and promote lacrosse skills, including but not limited to, offensive and defensive strategies, off ball movement, game strategy and a better understanding of the game. FOR RETURNING PLAYERS: focus will be on advanced conditioning skills.

Equipment Needed: Turf shoes, goggles, stick and mouth guard.

1033

1034-GRANDVIEW BASKETBALL SKILLS CAMP (June 5-8)

Open to: Boys and Girls, Grades 3-8 (Fall 2017)

Instructors: Michael Rogers, Josh Ulitzky and Boys and Girls Basketball Coaching Staffs

Phone: 720-886-6873 Cost: $100.00 for 1st child in family; $ 75.00 for additional siblings

Dates: June 5-8

Time: 1:00 p.m.-3:00 p.m.

Location: GHS Main and Aux. Gyms

Campers will work on all fundamental skills involved with basketball. Ball handling, shooting, defense, passing, rebounding and games/contests will be a part of the camp. Camp will be run by GHS Coaching Staff. Each camper will receive a t-shirt and basketball.

1035/1036

1037-WOLVES SOCCER M/TXE CAMP (July 31-August 10) M/T/Th)

Open to: Boys & Girls, Going into Grades 8-12 (Fall 2017)

Instructor: Brian Wood, Head Coach

Dates: July 31-August 10 (M/T/Th only)

Time: 5:00 p.m.-7:00 p.m. Cost: $75.00 Location: GHS Soccer Fields

Phone: 720-886-6706 (w); 303-503-2970 (c)

This conditioning and skills camp will prepare players for the upcoming fall soccer season. Plyometrics and agility exercises will be utilized for improving strength and speed. Technical exercises will occur with and without a ball. Sessions will conclude with fitness work that will build on a players conditioning and prepare them for the season. This camp is open to athletes going into grades 8-12. The camp will be held indoors during inclement weather. Athletes should wear running shoes and bring soccer cleats and a water bottle.
1038-GRANDVIEW BEGINNER'S FIELD HOCKEY CAMP (June 5-9)
Open to: Girls, Grades 5-10 (Fall 2017) Instructors: GHS Field Hockey Coaches Phone: 617-448-7719
Dates: June 5-9 Time: 7:00 a.m.-9:00 a.m.
Cost: $100.00 Location: Legacy

This camp is designed to introduce players, with no previous experience, to the game of field hockey. Field hockey is a unique sport and a great way to meet new people and learn something new. We welcome players who may play a spring sport, but need an alternative activity to stay in shape.

Equipment Needed: Field hockey stock, shin guards, eye protection, mouth guard and water bottle. (Some equipment can be borrowed, but it is limited in quantity. MUST CONTACT COACH CROCKER BEFORE REGISTERING. TO MAKE SURE IT IS AVAILABLE.)

Check out the Grandview Field Hockey website:
http://www.grandviewfieldhockey.com

1039-GRANDVIEW FIELD HOCKEY SKILLS AND CONDITIONING (June 13-July 27) AND August 1-9)
Open to: Girls, Grades 6-12 (Fall 2017)
Dates: June 13-July 27 (T/W/Th ONLY) Time: 7:00 a.m.-9:00 a.m. AND August 1-9 (T/W/Th ONLY) Time: 4:00 p.m.-6:00 p.m.
Instructors: GHS Field Hockey Coaches Phone: 617-448-7719
Cost: $150.00 Location: Legacy

This camp is designed to further develop fundamental skills, game experience and promote conditioning for the upcoming field hockey season. This camp will also support players who choose to attend the Colorado State Games Tournament.

Equipment Needed: Field hockey stick, shin guards, eye protection, mouth guard, water bottle and running shoes. Participants will receive a t-shirt at the conclusion of camp.

1040-1041

SPORTS CAMPS AT EAGLECREST HIGH SCHOOL

1042- BASKETBALL SKILLS DEVELOPMENT CAMP (June 12-14)
Open to: Boys and Girls, Grades 6-8 (2017-2018 School Year)
Instructors: Keith Dixon, Jr. (720-554-5101) and Robby Gabrielli (720-886-1313)
Dates: June 12-14 Times: 9:00 a.m.-1:00 p.m.
Cost: $50.00 Location: EHS Gym

This camp is designed to teach the fundamentals of basketball. Campers will expand their skills and knowledge of the game through fundamental training. Each participant should bring snacks and water bottle.

1043-SPRING RAPTOR FOOTBALL CONTACT CAMP (May 30-June 2)
Open to: Incoming (2017) 9th Grade Football Players
Instructors: EHS Coaching Staff Phone: 303-601-8143
Dates: May 30-June 2 Time: 4:00 p.m.-6:00 p.m.
Cost: $50.00 Location: EHS Football Fields

This camp will consist of 3 days of non contact football drills followed by 5 days of full contact. Players will learn offensive and defensive skills and terminology used by EHS Varsity Football. There will be a scrimmage the final day of camp.

1044-RAPTOR SAS (SPEED/AGILITY/STRENGTH) CAMP (June 12-July 28)
Open to: All EHS students and incoming freshmen (Fall 2017)
Instructors: EHS Coaching Staff Phone: 303-601-8143
Dates: June 12-July 28 Time: 10:30 a.m.-12:30 p.m. (M/T/Th)
Cost: $75.00 Location: EHS Track and Weight Room (Meet in Weight Room)

SAS camp is designed to improve strength, speed and overall athleticism. This is done by teaching proper techniques in explosive Olympic style weight training, stability and balance training, partnered with a variety of athletic movements designed for all sports. Required dress is t-shirt, shorts, and tennis shoes.

1045-FOOTBALL SUMMER STRENGTH AND SPEED TRAINING CAMP (June 12-July 28)
Open to: 10th, 11th, 12th Graders (Fall 2017) interested in playing Football
Instructors: Mike Schmitt and Eaglegrest Football Coaching Staff
Dates: June 12-July 28 (M, T, Th, F-no W) Time: 7:00 a.m.-10:00 a.m.
Cost: $60.00 Phone: 303-601-8143
Location: EHS Weightroom and Track (Meet in Weight Room)

This camp is designed, through the combined education and experience of the EHS coaching staff, to successfully teach proper techniques in all facets of explosive Olympic style weight training, strength improvement, stability and balance training partnered with speed development and proper running mechanics. Drills and techniques taught are all scientifically proven methods of progression and education to help improve athletes overall athleticism and are designed to help prevent injury. Required dress is t-shirt, shorts, and tennis shoes.

SPORTS CAMPS AT SMOKY HILL HIGH SCHOOL

1046-SMOKY HILL YOUTH BEGINNER LACROSSE CAMP (June 26-30)
Open to: Boys and Girls, Grades 2-5 (Fall 2017)
Instructors: SHHS Varsity Lacrosse Program
Cost: $50.00 Location: SHHS LAX Upper Practice Field
Dates: June 26-30 Time: 8:00 a.m.-9:00 a.m.

This camp is for elementary school students (Fall 2017) who have never played lacrosse before and are interested in trying it for the first time. Topics include fundamental skills of catching, throwing, scooping ground balls and an introduction to the rules of the game. Sticks can be provided for players who need/want to borrow them for the camp. Athletes need to bring proper footwear, athletic clothes and a water bottle. Snacks and a camp t-shirt will be provided by SHHS.

1047-SMOKY HILL BOYS’ YOUTH AND MIDDLE SCHOOL LACROSSE CAMP (June 26-30)
Open to: Boys, Grades 4-8 (Fall 2017)
Instructors: SHHS Varsity Lacrosse Program
Cost: $75.00 Location: SHHS LAX Upper Practice Field
Dates: June 26-30 Time: 9:00 a.m.-11:00 a.m.

This camp is for athletes who have played lacrosse before. This camp is designed to improve individual skills and fundamentals of the game. Players will also work and learn offense and defensive skills, including working the 2-Man game, motion offense, 1 v 1 defense, team defense and slides. Athletes need to bring proper footwear, athletic clothes and a water bottle. Snacks and a camp t-shirt will be provided by SHHS.

1048/1049
1050-SMOKEY HILL FIELD HOCKEY CAMP
Open to: Girls, Grades 6-12 or 9-12
Instructor: Natalie Foerster and Staff (303-817-7811)
Cost: $80.00  Location: Legacy
Time: 5:00 p.m.-7:00 p.m.

Session 1: Girls, Grades 6-12  Dates: June 19-23
Cost: $80.00

Session 2: Girls, Grades 9-12  Dates: June 26-30
Cost: $80.00

Session 3: Girls, Grades 9-12  Dates: June 19-23 AND June 26-30

Calling anyone who is interested in learning how to play Field Hockey! Come out and try the fastest game on turf. No experience necessary. We will be offering this camp for girls in Grades 6-12. Some equipment will be available to borrow, but if very interested in playing field hockey, it’s recommended you buy equipment. Gear needed: field hockey stick, mouth guard, goggles (same as lacrosse) and field hockey specific shin guards. Contact Coach Natalie at nfoerster@cherrycreekschools.org if you have questions.

1051/1052

1053-SMOKEY HILL CROSS COUNTRY RUNNING CAMPS
Our Coaches and runners are excited to offer TWO RUNNING CAMPS this summer:
SESSION 1 – RED CAMP – Laredo Middle and Horizon Community Schools
Boys and Girls, Grades 6-8 (Fall 2017)
SESSION 2 – GREEN CAMP – Grades 9-12 (Fall 2017) (includes incoming freshmen from Laredo Middle and Horizon Community Schools)

SESSION 1 – RED CAMP
Open to: Laredo Middle and Horizon Community School Boys and Girls Grades 6-8 (Fall 2017)
Dates: June 12, 14, 16; June 26, 28, 30; July 10, 12, 14 (M, W, F) (3 week sessions with 1 week between).
Times: 8:00 a.m.-9:00 a.m.  Cost: $60.00
Instructors: SHHS Cross Country Coaching staff Brian Manley (Head Coach), Lisa Mills and ATHLETES.
Phone: 303-918-9535 or bmanley@cherrycreekschools.org
Location: Grass on west end of SHHS Track, at Lori Fitzgerald statue. Come prepared with positive attitude, proper running shoes, watch and water bottle.

This camp is designed to give middle school students from our feeder schools the chance to meet and train with our high school coaches and runners, and get a glimpse into our Smoky Hill running tradition. Our age-appropriate training program will include fun interaction with our current Smoky Hill runners. How cool is that? Participants will learn proper running, stretching and strengthening methods; proper footwear and clothing (one of our coaches is a trained Runners’ Roost Associate); hydration and nutrition; individualized body maintenance; and team building through group games. This three day-week format will suit anyone who is looking for a more appropriate training for running. This camp is de-signed to give middle-schoolers, from first-timers to those who have played a sport. Come have fun with fellow Running Buffaloes!

Our coaches are USA Track and Field (USATF) Level I and II coaches and Colorado High School Coaches’ Association (CHSCA) members. Coaches have trained for and competed in every race distance from the mile, through the marathon, to the 135 mile ultra-marathon distance. Running is our passion, and one we want to share with our next generation of Buffalo runners! If you decide to run cross country for Smoky Hill, you would be joining a team with a STRONG tradition: 4-time State Champions; 17 top-5 State Finishes; 33-time State Qualifiers (Boys); 29- time State Qualifiers (Girls) 17-time Regional Champions; 14-time League Champions; 23-time Aurora City Champions (Boys); 18-Time Aurora City Champions (Girls); and National Nike Cross Country Finalist in 2012.

SESSION 2 – GREEN CAMP
Open to: Boys and Girls, Grades 9-12 (Fall 2017), includes incoming freshmen from Laredo Middle and Horizon Community Schools
Dates: June 5-July 28 (M-F)  Times: 8:00 a.m.-10:30 a.m.
Cost: $100.00
Instructors: SHHS Cross Country Coaching staff Brian Manley (Head Coach), Lisa Mills and assistants.
Phone: 303-918-9535 or bmanley@cherrycreekschools.org
Location: Grass on west end of SHHS Track, at Lori Fitzgerald statue. Come prepared with positive attitude, proper running shoes, watch and water bottle.

Do you want to get fit for the fall cross country season, and have fun with fellow Running Buffaloes? We welcome all abilities of runners, from first-timers to those who have run in middle school. Our experienced Smoky Hill coaches invite you to join us for summer conditioning and coaching. Participants will learn proper running, stretching and strengthening methods; proper footwear and clothing (one of our coaches is a trained Runners’ Roost Associate); hydration and nutrition; individualized body maintenance; and team building through games. Our coaches are USA Track and Field (USATF) and Colorado High School Coaches’ Association (CHSCA) members and two are USATF Level I and II coaches. Coaches have trained for and competed in every race distance from the mile, through the marathon, to the 135 mile ultra-marathon distance. Running is our passion, and one we want to share with our next generation of Buffalo runners! If you decide to run cross country for Smoky Hill, you would be joining a team with a STRONG tradition: 4-time State Champions; 17 top-5 State Finishes; 33-time State Qualifiers (Boys); 29- time State Qualifiers (Girls) 17-time Regional Champions; 14-time League Champions; 23-time Aurora City Champions (Boys); 18-Time Aurora City Champions (Girls); and National Nike Cross Country Finalist in 2012.

1054-1058

SPORTS CAMPS AT CHEROKEE TRAIL HIGH SCHOOL

1059-BEGINNERS/INTERMEDIATE FUNDAMENTALS VOLLEYBALL CAMP (May 30, 31 and June 1)
Open to: Girls, Grades 3-10 (Fall 2017)
Instructors: Terry Miller and Staff   Phone: 303-946-0217
Cost: $90.00   Location: CTHS Auxiliary Gym
Dates: May 30, 31 and June 1   Time: 9:00 a.m.-11:00 a.m.

Coaches will provide small group instruction with age appropriate players on each court. Emphasis on basic skills of volleyball, including proper technique, passing, setting, hitting and basic game play. Players should bring knee pads and water bottle.

1060-ADVANCED VOLLEYBALL CAMP (June 5-7)
Open to: Girls, Grades 9-12 (Fall 2017)
Instructors: Terry Miller and Staff   Phone: 303-946-0217
Cost: $100.00   Location: CTHS Auxiliary Gym
Dates: June 5-7   Time: 9:00 a.m.-11:00 a.m.

Emphasis on team offense and defense. This is an intensive camp for players who have competitive volleyball experience and players who can consistently execute basic skills, such as the overhand serve, hitting footwork and arm swing, defensive/offensive knowledge of positions and the ability to pass with accuracy.

1061-PRE-SEASON CONDITIONING VOLLEYBALL CAMP (August 1-3)
Open to: Girls, Grades 9-12 (Fall 2017)
Instructors: Terry Miller and Staff   Phone: 303-946-0217
Session 1: August 1-3   Time: 10:00 a.m.-Noon (Grades: 10-12)
Session 2: August 1-3   Time: 1:00 p.m.-3:00 p.m. (Grade: 9)
Cost: $90.00   Location: CTHS Auxiliary Gym
Pre-season conditioning camp designed to prepare your high school volleyball player for the rapidly approaching season. Emphasis on calisthenics, jumping, running and stretching, with volleyball as the focus.
1063-CTHS RUNNING CAMP Open to: Boys and Girls, Ages 8-18 (Fall 2017) 
Instructor: Joshua Tate and Chris Faust Phone: 720-886-2072 
jtate10@cherrycreekschools.org / jfaust2@cherrycreekschools.org

Session 1: Ages 10-13, Grades 5-8 (Fall 2017) ** YOUTH RUNNERS
Dates: June 26-July 28 (M/W/F) Time: 8:00 a.m.-9:00 a.m.
Cost: $50.00 Location: Meet at Legacy
This camp is designed around the needs of the youth runner, particularly those who will attend CTHS. This camp introduces new and young runners to a structured and developmentally appropriate routine that will both prep them for cross country, as well as tracking and field. Athletes will leave this experience with improved leg speed for the 800/1600 meter track events as well as the endurance to run a competitive 5K. Athletes of all abilities and backgrounds are welcome. This is a great way for youths who will attend CTHS to stay in shape while making new friends and getting exposed to your future Cougar Family.
** Athletes who have a more extensive running background and wish to run more frequently are welcome to join the next level (Session 2) instead of this level since it meets 5 days a week and for longer periods.
Equipment Needed: watch, water bottle, weather appropriate clothes, quality running shoes and a good attitude. We take care of the rest!

Session 2: Ages 14-18, Grades 9-12 (Fall 2017) HIGH SCHOOL CAMP
Dates: June 19-August 2 (M-F) Time: 7:30 a.m.-9:30 a.m.
Cost: $100.00 Location: Meet at Legacy
We welcome all CTHS athletes looking to get in shape for the upcoming fall season. Whether you have run competitively in the past or never at all, you are welcome to be a part of the Cherokee Trail Cross Country family. We have a program that is set up to create success for those athletes looking to run at the highest levels as well as those looking to grow and improve personal fitness. Mileage will have a gradual and progressive build to the end of the season that caters to each individual and his/her ability. This is by far the most fun you can have getting in shape for a varsity sport. All athletes will need a quality pair of running shoes, weather appropriate clothes, watch, water bottle, and a strong work ethic. We welcome all athletes who are starting their 9-12 grade years at Cherokee Trail High School!

1064-CHEROKEE TRAIL TENNIS-PRE-TRYOUT CAMP- COMPETITIVE (August 7-11)
Open to: Boys, Grades 9-12 (Fall 2017) Time: 3:30 p.m.-5:30 p.m.
Dates: August 7-11 Cost: $130.00
Location: CTHS Tennis Courts
Contact: Liz Creamer (ecreamer@cherrycreekschools.org); 720-886-2196 (w)

This camp is designed for boys trying out for the varsity level team. The coaching staff consists of coaches from boys’ tennis teams. The camp will focus on match strategies, stroke production, mental and physical conditioning. This camp is for competitive (current and future) high school tennis athletes.

SPORTS CAMPS AT OVERLAND HIGH SCHOOL

1065-SOFTBALL CAMP 2017 AT OHS (July 26-27)
Open to: Girls, Grades 7-12 (Fall 2017) Deadline to Register: July 10
Instructors: Omar Garcia (303-883-0814) miamiomar@aol.com
Kalli Hoover (303-906-8986) kmhmail9@gmail.com
Dates: July 26-27 Cost: $50.00 Time: 4:30 p.m.-7:30 p.m.
Location: Utah Park Fields (1800 S. Peoria Street, Aurora-NE of Tennis Courts)

All skill levels welcome. Camp includes t-shirt, include t-shirt size and position played on registration form.
SUMMER CAMP REGISTRATION FORM (one per student)

Student’s Name ___________________________________________________________ Date of Birth_____/_____/____  
LAST FIRST  
Primary Contact Name: ____________________________________________________ □ Mom □ Dad □ Other  
Work Phone ___________________________ Home Phone _________________________ Cell Phone _______________________

Street Address, City and Zip: ____________________________________________________________  
If you need to be contacted, which phone number would you prefer (check one): □ Work □ Home □ Cell  
As an alternate means of contacting you, please provide an e-mail address: ____________________________________________________________  
School student attends: ___________________________ Grade (2017-2018 School Year) ___________________________  
If a student’s parents cannot be contacted, please contact: ___________________________________________ Name and Relationship to Student ___________________________ Phone _______________________

Family Doctor ___________________________ Phone ______________________ Hospital ___________________________ Phone _______________________

**** INSURANCE INFORMATION (Please provide all information—if student is not insured, please write ‘NONE.’)****  
Name of Insurance Carrier ___________________________ Policy # ___________________________ Group # ___________________________  
Primary Person Insured ___________________________________________  
__ Allergies: ___________ Asthma ___________ Diabetes ___________  
__ Allergies: Life Threatening ___________ Epipen ___________ Medications: Current ___________  
__ Other ___________ Last DT/DPT Immunization ___________ (mo) ___________ (yr)  

****AUTHORIZATION STATEMENT (Please read and sign below.) ****  
This statement releases the Cherry Creek Schools of financial responsibility in case of accident/injury to my son/daughter while he/she is participating in summer sports activities. I fully understand the Cherry Creek Schools do not provide accident or health insurance coverage for my son/daughter while he/she is participating. I understand that it is my responsibility to provide health/accident insurance coverage for my son/daughter.  
I DO HEREBY AUTHORIZE OFFICIALS OF THE Cherry Creek School District to contact directly the persons named on this form in an emergency for the health of said child. In the event that parents/guardians or other persons named on this card cannot be reached, the school officials are hereby authorized to take whatever action is deemed necessary in their judgment for the health of aforesaid child. If there is a medical emergency and the school is unable to reach me or emergency contact(s), I understand that 911 Emergency will be called and my child will be transported by ambulance to the designated medical facility or the nearest medical facility and given medical treatment by a qualified physician at my expense. Date ___________________________ Signature of Parent/Guardian ___________________________  

****CAMP REGISTRATION****  
CAMP # CAMP NAME SESSION (if only 1, leave blank) ** COST  
__________________________________________________________________________________________  
__________________________________________________________________________________________  
__________________________________________________________________________________________  
__________________________________________________________________________________________  

** If paying with credit card, a processing fee of 3.6% will automatically be added TOTAL AMOUNT. **  

TOTAL AMOUNT ___________________________ **  

** You may choose more than one session for those camps which have more than one advertised if you think your first choice may become full (i.e. under ‘SESSION’, put ‘1st choice, 2nd choice,’ BUT IF YOU DO THIS, YOU MUST ENCLOSED A SELF-ADDRESSED, STAMPED ENVELOPE so you know which session student is assigned.**  

NO CONFIRMATIONS SENT.  

MAIL Your Registration to:  
Summer Sports Camp Office  
9150 East Union Avenue  
Greenwood Village, Colorado 80111  
(VISA, MASTERCARD OR DISCOVER ONLY)  
PRINT Cardholder’s Name ___________________________  
Card# ___________________________ (16 digits) Expiration Date _______/______ (4 digits)  

Cardholder’s Signature ___________________________  

REFUND POLICY  
If you must withdraw from a camp, you must make a request within a week after the camp begins. You will be refunded your money minus a $25.00 cancellation fee imposed for each camp cancelled. TO CANCEL: CALL 720-554-4343.  

 FOR OFFICE USE ONLY  

MAKE CHECKS PAYABLE TO ‘CHERRY CREEK SCHOOLS.’  

IF YOU WANT A RECEIPT: Please enclose self-addressed stamped envelope.