



Testing, Testing...

This is only a Test: Reducing Anxiety, Learning Strategies, and Improving Results

Tuesday, December 5th, 9:15 a.m – 11:15 a.m.

Come and hear from an actual “test giver,” Josh Ruderman, a parent and educator for the past 15 years, who will share realistic and practical ways to support your child when it comes to taking tests. Using his classroom experiences, Joshua will bring insight into what teachers are looking for through tests and how you can help your child:



- ✓ **Reduce test anxiety and improve performance**
- ✓ **Find practical study techniques that fit your child’s learning style**
- ✓ **Learn about test taking strategies and the importance of note taking**
- ✓ **Understand how to approach teachers and self-advocate**

Joshua has earned his Masters in Education and has taught in a multitude of disciplines including Montessori, Charter, Title 1, Public and Private schools.

Parents, school administrators and community members are welcome and encouraged to attend. No need to RSVP! Presentations are FREE and are held the first Tuesday of each month at:

Student Achievement Resource Center
14188 E. Briarwood Avenue, Centennial
(South of Arapahoe Rd., between Potomac and Jordan Roads)

🌀 [Mark Your Calendars](#) 🌀

Feb. 6th 10 Wise Ways: From Lizard Brain (Reacting) to Wizard Brain (Thinking)

March 6th & 7th: Supporting Kids during Family Separation, Divorce and Blending